

# RULES « 7 SUMMITS CHALLENGE »

## ARTICLE 1 : CONCEPT

« 7 SUMMITS CHALLENGE® » is a virtual race organized by ZAPSPORTS.

The objective is to run, walk or ride and climb the maximum drop for a total of **43 319 m D+** whatever you are and whatever you want, alone or with your friends at your own speed !

## ARTICLE 2 : PLACE AND DATE

Where does the race take place ? **WHATEVER YOU ARE** (France and Abroad), it's a **VIRTUAL** race!

If you can't or if you don't want to go on until the end, you will be ranked depending on the number of summits you have climbed !

N°	Summit	Continent	Mountain Chains	Countries	Drop	Total vertical gain
1	Mont Everest	Asia	Himalaya	Népal - China	8 850 m	8 850 m
2	Cerro Aconcagua	South America	Andes	Argentina	6 962 m	15 812 m
3	McKinley (Denali)	North America	Alaska Range	USA	6 194 m	22 006 m
4	Kilimandjaro	Africa	Kilimandjaro	Tanzania	5 895 m	27 901 m
5	L'Elbrouz	Europe	Caucase	Russia	5 642 m	33 543 m
6	Mont Vinson	Antarctica	Ellsworth Mountains	Chile	4 892 m	38 435 m
7	Pyramide de Carstensz	Australia - New Guinea	Pegunungan Maoke	Indonesia	4 884 m	43 319 m
<b>TOTAL :</b>						<b>43 319 m</b>

Example : If you stop your challenge after cumulating 22 006 m D+, you have climbed 3 summits !

Date: From Saturday August 1st, 2020 to Thursday October 31 2020 at 20pm.

Route: Where you want with your mobile app or your connected watch.

## ARTICLE 3 : SUSCRIPTIONS

The challenge is opened to all participants borned in 2001 and before until next December 15st, 2020 on [www.sport-up.fr](http://www.sport-up.fr).

Entry fee is 9 euros for the Full Challenge (ascension des 7 sommets) and 5 euros for the 1 summit challenge (ascension d'un seul sommet).

After the registration is done, all participants receive by email a link to upload their GPX file after their training session.

\* GPS watches for any brand which give GPX file example: Garmin, Polar, Suunto, TomTom.

\*\* Mobile app any brand which give GPX file - example : Strava, Endomondo, Runkeeper, Runtastic.

Every participant should download his plate or bib and his picture framework for social networks and get it during the race.

## ARTICLE 4 : ENGAGEMENT

Every entry is considered as non-transferable and final and implies full acceptance of the rules. No refund will be made whatever the reason. No registration transfers will be allowed, whatever the reasons.

In order to respect the concept of '7 Summits Challenge', the plate or the bib that you have printed must be entirely visible and worn during your training session.

The participation to '7 summits Challenge' means that you accept the rules and the green responsible charter.

#### **ARTICLE 5 : TEMPS DE COURSE**

The challenge will start from August 1st 6AM until December 31st 20pm.

#### **ARTICLE 6 : PROTECTION OF PERSONAL PICTURES**

Competitors expressly and exclusively grant to Azur Sport Organisation and its assigns, the irrevocable right to use a competitor's name, voice, likeness, biography, factually or otherwise in connection with the production, the distribution and exploitation of the pictures related to « 7 Summits Challenge », world-wide in any and all devices, media, whatsoever, now known or hereafter known, for the entire duration of the protection period currently awarded by legislative or regulatory bodies, court decisions and/or arbitrages in any country, and currently existing of future International conventions, including eventual prolongations which may be made to this duration.

#### **ARTICLE 7 : INSURANCE**

You participate to '7 Summits Challenge' under your own responsibility. You are conscient that participating to this challenge implies to be trained enough and to be in good health conditions.

You certify that you have seen a doctor less than one year ago to guaranty your health conditions.

You attest to have a personal insurance covering any corporal damages and you disclaim Zapsports for all responsibility for any material dommages, accident, deaths and so on that should occurred during your training sessions.

#### **ARTICLE 8 : REWARDS**

Participants who will stop the challenge before registering the total altitude gain shall be ranked on the basis the altitude gain done and depending of the numbers of summits reached.

Every finisher shall download their diploma and their virtual medal attesting the level achieved.